



# Lisa Leary

SPEAKER | LEADERSHIP DEVELOPMENT



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## About Me

I am a speaker and consultant specializing in leadership development and healthy workplace culture. I've guided numerous organizations in transforming their leadership practices resulting in improved outcomes, communication, teamwork, and resiliency. I have a knack for providing practical, effective tools, leaving audiences inspired and ready to implement positive change.

## My Mission

My goal is to support organizations and individuals in creating healthy workplaces where employees can find fulfillment, purpose and joy at work.

## Professional Development Topics

### **K-Factor**

Using Kindness in the Workplace to Improve Productivity, Achieve Results and Experience More Joy.

### **Start Where You Are**

Professional Development for New and Emerging Leaders.

### **Effective Communication for Challenging Times**

Essential Tools for Improved Communication, Collaboration and Productivity.

### **Leading Change**

Building High-performing Teams for Meaningful, Sustainable Transformation.



**LISA LEARY CONSULTING**

*“Our participation with Lisa for a leadership development course was phenomenal. Truly a great experience.”*

**- Amy B. Human Resource Director**

## K-Factor:

### Using Kindness in the Workplace to Improve Productivity, Achieve Results and Experience More Joy.

- Understand the difference between being nice and being kind and why neglecting kindness could be impeding your organizations success.
- Review case studies to deepen understanding of why, how and when K-factor application should be considered.
- Participants will conclude the session by developing a personalized K-Factor plan for their organization.

### Effective Communication for Challenging Times: Essential Tools for Improved Communication, Collaboration and Productivity

- Gain skill and confidence with active listening, understanding diverse perspectives, and finding common ground, even in the most challenging circumstances.
- Develop techniques to give and receive feedback constructively, enhancing collaboration and mutual respect within teams and organizations.
- Learn techniques to redirect unproductive venting towards constructive problem-solving and personal accountability.

### Start Where You Are: Professional Development for Emerging Leaders.

- Learn techniques to prioritize tasks, delegate effectively, and optimize your workday for maximum productivity.
- Gain practical insights into creating and sustaining positive habits that contribute to long-term success and personal well-being.
- Develop advanced communication skills to provide constructive feedback, articulate ideas, inspire teams, and influence positive outcomes.

### Leading Change: Building High Performing Teams for Meaningful, Sustainable Transformation

- Learn the key elements of building a high-performing teams, fostering a culture that embraces innovation and adaptability.
- Develop the skills to communicate and align stakeholders with the vision, fostering a sense of shared purpose and commitment to sustained transformation.
- Acquire practical skills in planning, executing, and sustaining change, with a focus on minimizing resistance and maximizing positive outcomes.